



GLOW

BEAUTY THERAPY

Glow Beauty is a home-based salon which offers a multitude of modern techniques in a relaxing treatment room where your physical well-being takes precedence. We offer a complete range of treatments for the whole of you, so you can replenish with something simple or immerse yourself in total relaxation.



Marion Campbell HND

We are not only about beauty care, it's about a highly personal, reliable service ensuring that your specific skin and beauty needs are met.



Marion has enjoyed being the make up artist for the Highland Hospice Strictly Dancing Team in 2011 and 2012, joining in to fund raise for Marie Curie and the MacMillan team.

TREATMENTS

Elemis

Elemis Advanced Anti-Ageing Facials

These superior face treatments are further enhanced by luxurious hand, arm and scalp massage sequences for the ultimate in scientific skin-therapy.

Tri-Enzyme Resurfacing Facial

1 hr £50

Peel away the years for smoother, more radiant skin.

This ground-breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to **75%*** and increase skin smoothness by up to **32%*** after just 1 treatment, this unique facial targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.



Visible Brilliance Facial

1 hr 15 mins £55

To combat ageing, stressed and slacked skin.

Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps skin whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61%* and elasticity by 40%* after just 1 treatment. Specialised micro-circulatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance.

*Independent Clinical Trials 2004

Pro-Collagen Quartz Lift Facial

1 hr 15 mins £55

Anti-wrinkle facial with proven results.

This exceptional anti-wrinkle facial has been independently tested, with phenomenal results. Clinically proven, after just 1 treatment, this facial reduces the number of wrinkles by up to 94%* and improves skin firmness by up to 57%*. Specialised lifting massage techniques are combined with professional strength anti-ageing formulations for maximum treatment efficacy, leaving a firmer, uplifted, more youthful looking appearance.

Elemis Skin Solutions Facials

Modern Skin Facial NEW 1 hr £50

Designed for skin challenged by modern living.

Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate skin cells and rebalance sebum. The results: remineralised, rebalanced and renewed skin.

Recommended: 1 treatment every 3 weeks.

Oxygen SkinCalm Facial 1 hr 15 min £55

Pure soothing heaven for sensitive skin.

Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask, infused with Absolute SkinCalm Booster Serum, to help rebalance delicate, fragile and sensitive complexions. Helping to relieve redness, this superior face and eye treatment offers immediate comfort to stressed and irritated skin.

The Elemis logo is displayed in a large, bold, black serif font. The letter 'E' is stylized with a horizontal bar that extends to the left and then curves back to the right, creating a unique, modern look for the brand name.

S.O.S. Purifying Facial 1 hr 15 min £55

A purifying treatment for congested skin.

A powerful face and eye treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur Mask, infused with Absolute Vita-C Booster Serum, help to absorb sebum, calm irritation and rebalance oil-rich pores, leaving a beautiful matt complexion.

Recommended: 1 treatment every 4 weeks.

Elemis Skin Solutions Facials

Fruit Active Glow 1 hr £50

Bring back the glow to a lifeless complexion.

Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance.

Exotic Moisture Dew 1 hr £50

Treat your skin to a moisture boost.

Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin.

Herbal Lavender Repair 1 hr £50

For perfect restoration of skin balance.

Deep cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

Taster Facial 30 mins £30

For perfect restoration of skin balance.

This introductory facial provides a quick and instant pick-me-up for any occasion.

Recommended: 1 treatment every 2 weeks.

Elemis

Elemis Body Therapy

Deep Tissue Muscle Massage 1 hr £50

Deep rhythmic pressure massage.

Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance.

Choose from:

- Stress-a-Way: Wind down and release the tension of the day.
- Spirit Reviver: A powerful surge to invigorate and recharge.
- Muscle Melt: Relax and re-energise a tired and aching body.
- Chakra Balancing: Reconnect your mind, body and soul.

Deep Tissue Back Massage 30 mins £30

Minimum time, maximum tension-relieving results.

Specifically targeting the back, shoulders and neck areas, where you need it most.

Aroma Stone Therapy 1 hr 15 mins £55

Warm Basalt stones to melt away tension.

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.



Elemis Face and Body Therapy

Face and Body Sensation 55 mins £55

Experience the perfect Elemis treatment duo, a sensational massage combined with a prescribed booster anti-ageing facial. Choose from the unique Re-Energiser, an 'ice-cool thermal' massage to relieve stress tension and ease aching muscles, or Tranquillity, a 'thermal-soothing' massage to induce a deep level of relaxation and calm your mind. You will then be treated to your intensive booster anti-ageing facial, designed to smooth out wrinkles and restore youthful radiance:

- Pro-Collagen Quartz Lift Facial
- Tri-Enzyme Resurfacing Facial
- Visible Brilliance Facial
- Skin IQ+ Men's Facial

Absolute Spa Ritual 2 hrs £70

The ultimate skin and body therapy for maximum results.

Choose from one of the unique Elemis Advanced Anti-Ageing or Skin Solutions Facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage. Two hours of pure relaxation with dramatic results!

Elemis Hands and Feet Therapy

Pro-Collagen Hand and Nail Treatment 30 mins £22

Redefine the hands of time.

Cuticles and nails are conditioned and strengthened, whilst the indulgent Elemis Skin Nourishing Milk Bath combined with the anti-ageing Pro-Collagen Hand and Nail Cream intensely hydrates for irresistibly smooth, youthful looking hands.

May be extended to a 60 minute treatment to include a manicure.

Sole Delight Grooming for Feet 30 mins £22

A total sensory experience for your feet.

Warmed aroma-therapeutic oils nourish and super-condition neglected feet and nails. The extra-rich hydration replenishes and softens hard working heels, lavishing a rich and healing action on your skin.

May be extended to a 75 minute treatment to include a pedicure.

Recommended: 1 treatment every 4 weeks.

Elemis

EYES

All tinting requires a skin sensitivity test. Please telephone 24-48 hours beforehand to organise this

Eyebrow Shape 15 mins **£7**

Eyelash Tint 25 mins **£10**

Eyebrow Tint 15 mins **£8**

Eyebrow Shape and Eyelash Tint 35 mins **£16**

Eyebrow Tint, Eyebrow Shape & Eyelash Tint ... 45 mins **£23.50**

Infills 45 mins **£25 - £30**

Nouveau Lashes 1hr 30mins **£55-£60**

State-of-the-art, soft and natural-looking semi-permanent eyelash extensions which give instant longer, thicker and darker eyelashes. They are placed directly onto the natural lashes and are resistant to any form of water activity, including swimming and showering and crying. Infills recommended required usually by 2 and half weeks.



SWAROVSKI CRYSTAL FINGERS & TOES

If you're looking for that sparkly and special bling look, you'll love a set of Swarovski Crystal Toes. A great way to finish off your look and guarantee that your fab feet will be the envy of your friends.

For the full on bling look individual Swarovski crystals are applied to all of your toes, giving them a distinctive sparkle that you can only get from genuine Swarovski crystals. Alternatively you can have your big toes blinged out with Swarovski crystals and your other toes finished in Shellac.

Up to 1 and half hours - **from £55**

Price will be discussed before application

Individual prescriptive Bling!

PARAFFIN WAX TREATMENT

Paraffin wax treatments are a special, rarely seen treatment that is sometimes overlooked.

This is an ancient form of treatment using mineral oil. The wax is used to hydrate and soften skin and may reduce the appearance of fine lines. It has a soothing and therapeutic effect by increasing circulation and thus creating warmth and bringing healing nutrients and oxygen to the tissue and helping to flush toxins out of the system. It can help ease painful joints and muscles and can aid in the reduction of stress.

This is not a standalone treatment and must be taken with other treatments

Hands or Feet add an extra £10 to any manicure or pedicure

Face Paraffin facial incorporating facial **£44**

Back Paraffin with Back Massage **£45**

Paraffin wax treatments can be used on most areas of the body but not all.

FACIAL REJUVINATION

Injectible rejuvenating products and fillers available by appointment and carried out by Kevin Leeming B.D.S., M.F.G.D.P., M.J.D.F., D.P.D.S. (Dental Surgeon).

INDIAN HEAD MASSAGE 30mins **£25**

Relieve the pressure with Indian Head Massage, an ancient art with its origins lying within Ayurveda medicine. It is a holistic treatment used to balance the body, mind and spirit and its approach is to maintain good health and well being.

THERMO-AURICULAR TREATMENT 1 hr **£30**

This is a relaxing treatment that helps with problems involving the ear, nose and throat. It physically benefits clients if they suffer from migraines, poor balance, tonsillitis, colds, tinnitus, sore throats, blocked sinuses reduces ear wax, hayfever, and can aid with relaxation, calming the mind and creating clearer thinking. The treatment consists of a comforting Hopi ear candle massage and then a further massage of the ears manually.

Suitable for children with glue ear.

BODY THERAPY

AROMATHERAPY MASSAGE 1 hr **£38**

A blend of 100% pure essential oils will be used to form a massage medium that's tailor-made for each individual. Aromatherapy may help treat a variety of problems from minor aches and pains to insomnia. This is a relaxing but effective form of gentle massage to treat the whole person in a holistic manner.

SWEDISH BACK/NECK/SHOULDER MASSAGE 30 mins **£30**

LAVA SHELLS MASSAGE **£50**

Massage using Tiger Calm Shells from the Philippines, providing a deep relaxation massage. This revolutionary treatment as used in some of the world's most exclusive spa resorts including Sir Richard Branson's Necker Island and The Grove, Hertfordshire.

O.P.I

MANICURES & PEDICURES

LUXURY MANICURE	1hr 15 mins	£28
LUXURY PEDICURE	1hr 15 mins	£28
FILE AND POLISH		£15
TWINKLE TOES (Young Nails) - Have the Twinkliest toes ever		£25

CALGEL NAIL ENHANCEMENT

Calgel is a tried and tested gel nail system that has been proven to strengthen and protect the natural nail. It provides thin natural looking nails and offers a vast range of gel colours. It allows the natural nails to respire, is easily and safely removable and is not tested on animals.

To keep gel nails at optimum condition, Glow recommends infill every 2 weeks.

Gel Nails using tips	2hrs 15 mins	£45
Gel Overlays	For hands - 1hr	£35
.....	For feet - 1hr	£30
Gel infill	1hr	£30
Gel Nail Removal & Replacement	1hr	£40
Acrylic nail removal and mini manicure	1hr 15 mins	£30
Gel Nail Removal and mini manicure	45 mins	£20

Always remove artificial nails professionally to prevent nail damage.



MINX NAILS. WHAT EXACTLY ARE THEY?

Minx is a solid film with an adhesive backing that is heat activated. The heat gives Minx the conformability to fit over the compound curve of a nail, and seals the film onto the bed. The patent-pending, proprietary material that Minx is made of can easily be removed with heat.

The launch of Minx nail fashion is a new and glamorous way for women to extend fashion to their very fingertips. Minx nails have become the latest must have fashion accessory for the celebs, being worn by names such as Victoria Beckham, Christina Aguilera, Rihanna and Beyonce to name but a few.

There are literally 100's of designs available. Application of designs in a quick time.

Minx Nails	finger nails	£25
.....	toe nails 1hr	£25

SHELLAC

Shellac is UV technology that combines the ease of polish with the permancence of gels. True innovation; and the results? 14 day, glorious, high gloss shine that's truly addictive.

Set of Shellac Nails	£30
Shellac with rockstar glitter and art work	£35
Crystal addition	£0.50
Removal and mini manicure	£35

BARE ESSENTUALS

The moment you walk into the room, all eyes will be on you with these 4 NEW captivating looks (just in time for the holidays). You'll be stunningly radiant in the hottest of hot shades. What's even better is that each of these looks you can get with one of our 4 NEW holiday collections.

Makeup Lesson	£28
Wedding Makeup	£40
Evening Makeup	£30

WAXING

Using the Australian Body Care Waxing System. Safe and hygienic. Tea tree oil is anti-viral, anti-bacterial, anti-fungal, antiseptic and anti-inflammatory. New applicator head per person.

Full leg wax	45mins	£22
Half leg wax	30 mins	£13
Underarm wax	15mins	£8
Eyebrow wax	15mins	£7
Lip wax	10min	£6
Lip/Chin wax	15mins	£7
Arm wax	30 mins	£12
Back wax	40 mins	£20
Half leg, bikini and underarm wax	45mins	£30
Full leg, bikini and underarm wax	60 mins	£35

WAXING

Brazilian	£15
Hollywood	£30
Bikini	£14

Waxing can be carried out to most parts of the body. Areas not shown above will vary in cost depending on time taken e.g. back wax. Please telephone for information.

TANNING

These packages are the safest and easiest way to have a golden tan. Treatment includes full body exfoliation and fake tan application. Will last 5-7 days when aftercare advice is followed correctly.

Fake Bake Full Body	1hr	£28
Half body		£18
Spray Tan		£20





OPENING HOURS

Tuesday 9am - 10pm
Wednesday 9am - 5.30pm
Thursday 9am - 10pm
Friday 9am - 5.30pm
Saturday 9am - 3.00pm
Closed Sunday and Monday

APPOINTMENTS

To arrange an appointment or to have an informal discussion please telephone or email.

We respect our clients and value the relationship we have with them.

We ask you to do the same and give 24 hours notice of cancellation or regretfully the full charge will be applied. Unnotified cancellations or missed appointments will be charged at the full appointment fee.

Advanced booking is recommended although not always necessary.

Most forms of payment, including debit/credit card, accepted.

CONTACT DETAILS

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